



## Allergy Investigation Questionnaire

- Allergies are a very complex condition in pets.
- Pets can have contact, environmental (atopic), and/or food allergies.
- Many pets have a combination of these allergy types with one type usually being more prominent than the others.
- Before allergies can be diagnosed, other conditions causing itchiness (pruritis) such as skin infections, parasites (mites, lice, fleas, ticks, etc.), generalized ringworm, hypothyroidism, etc. must be ruled out first. These conditions can be ruled out using diagnostics such as skin cytologies, scrapes, cultures, and bloodwork. If the previously mentioned tests come back normal, then allergies are suspected.
- The best way to learn more about your pet's allergies is to have an intradermal skin allergy test performed by a veterinary dermatologist. If referral to a dermatologist is not possible, a blood allergy panel can help determine your pet's specific environmental allergens. Additionally, a strict 8–12 week food trial with a novel (new) or hydrolyzed protein diet can help diagnose potential food allergies or sensitivities.
- If you suspect that your pet has allergies, please answer the following questions to help us plan the best course of action for your pet:
  1. Has your pet always been itchy or has the irritation started recently?
  2. Does your pet scratch more during particular seasons?
  3. Where is your pet the itchiest (where does your pet scratch, bite, chew, or lick himself/herself the most?)?
  4. Are there any areas of hair loss?



5. Any recent food changes or new treats offered?
  
6. What is your pet's current diet, including the protein source (chicken, beef, pork, salmon, etc.)?
  
7. Any vomiting or diarrhea noted?
  
8. Is your pet scratching his/her ears or shaking his/her head?
  
9. Is your pet scooting his/her rear on the ground?
  
10. Are any other animals in your home itchy or having skin issues?
  
11. Any recent travel with your pet outside of Nevada?
  
12. Is your pet on flea or tick prevention?
  
13. Is your pet on any prescription or over-the-counter medications for their itch (including shampoos, sprays, or ointments)?



- a. If yes, please list them below, including the name of the medication, strength, and dosing frequency.

14. Any other comments or concerns regarding your pet's itch?